

# Mee Cara

Positive Behaviour Support Assistant,  
Frontier Support Services



## What is a positive behaviour support assistant in social care?

Carers are people who help people with learning disabilities and mental health problems. They help them to live their lives as normally as possible. They help them to do things that they want to do and to avoid things that they don't want to do. They help them to get on with their lives and to be happy.



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## How is she getting here?

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As a carer, you will help people with learning disabilities and mental health problems. You will help them to live their lives as normally as possible. You will help them to do things that they want to do and to avoid things that they don't want to do. You will help them to get on with their lives and to be happy.

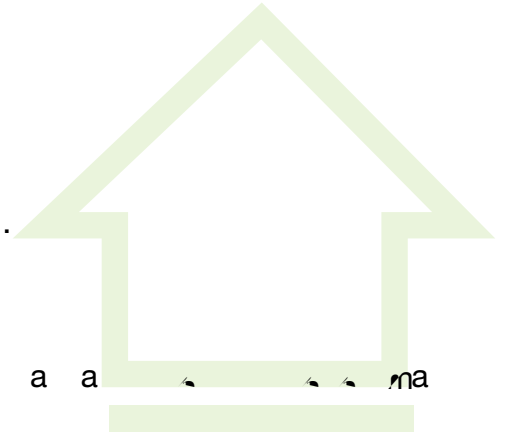
Care managers are responsible for assessing and planning care for people with mental health problems. They work with people, their families and other professionals to ensure they get the best possible care. They also monitor and evaluate the care provided and make changes as needed.

Some care managers work in hospitals, while others work in community settings. They may also work in research or training roles. The role is a challenging but rewarding one, and offers a chance to make a real difference to people's lives.

## Where can I take her?

Care managers can work in a variety of settings, including hospitals, community care, and private care. They may also work in research or training roles. The role is a challenging but rewarding one, and offers a chance to make a real difference to people's lives.

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## What would she say to others interested in a career in care?

Care managers are responsible for assessing and planning care for people with mental health problems. They work with people, their families and other professionals to ensure they get the best possible care. They also monitor and evaluate the care provided and make changes as needed.

It's essential that you always respect the people you work with and show empathy.

