

# Meet Aiste

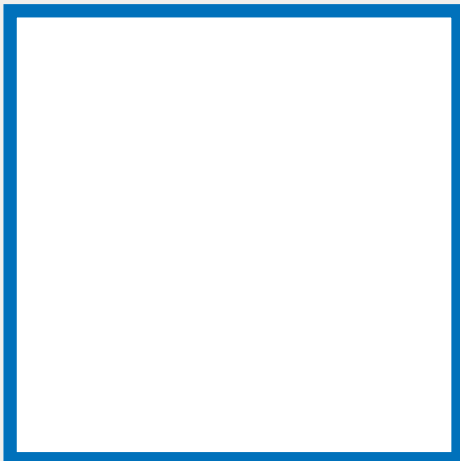
Assistant Manager in a mental health residential home



## What is an assistant manager in social care?

An assistant manager in social care is responsible for the day-to-day running of a care home or residential care unit. They ensure that the care provided is safe, high quality and meets the needs of the residents.

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**The best managers are those who start in front line care roles and develop their skills and knowledge to progress**

## How did she get here?

Aiste started her career in social care as a care worker. She worked in a care home for several years, where she developed her skills and knowledge in care provision. She then progressed to a senior care worker role, and eventually to a care manager role. She has always been passionate about social care and has worked hard to develop her skills and knowledge to progress in her career.

Aiste has a degree in Social Work from the University of Limerick. She is a registered care manager with the Health and Care Professions Council (HCPC) in the UK. She has worked in social care for over 10 years and has a wealth of experience in care provision. She is currently working as an Assistant Manager in a mental health residential home.

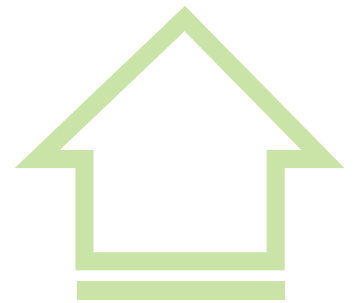
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When you work as a care worker, you'll be able to help people with mental health problems in the UK. You'll be able to help them with their daily lives and support them to live independently.

## Where can it take her?

As a care worker, you'll be able to help people with mental health problems in the UK. You'll be able to help them with their daily lives and support them to live independently.



## What would she say to others interested in a career in care?

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There are lots of opportunities to progress as well as a range of different types of work you could do in social care.

